

My Cauliflower Growing Checklist

St. Paul, MN (55112) • Name: _____ Year: _____

MARCH

- Start seeds indoors
- Give lots of light
- Keep soil moist

APRIL

- Harden off seedlings
- Prepare garden soil
- Add compost

MAY

- Transplant outside
- Space plants 18 inches apart
- Water well

JUNE

- Water weekly
- Pull weeds
- Watch for cabbage worms

JULY

- Watch white heads form
- Tie leaves over head (blanching)
- Keep watering

AUGUST

- Harvest firm heads
- Cut before heads separate
- Check for bugs

SEPTEMBER

- Plant fall crop (optional)
- Harvest cool-weather heads
- Clean garden bed

I am a CAULIFLOWER GROWING STAR!