

# My Spinach Growing Checklist

St. Paul, MN (55112) • Name: \_\_\_\_\_ Year: \_\_\_\_\_

## APRIL

- Plant seeds outside early
- Choose sunny or part-shade spot
- Water gently

## MAY

- Thin plants 3–4 inches apart
- Keep soil moist
- Watch leaves grow fast

## JUNE

- Harvest outer leaves first
- Cut before hot weather
- Water during warm days

## JULY

- Watch for bolting (flower stalks)
- Provide shade if hot
- Plan fall planting

## AUGUST

- Plant seeds again for fall crop
- Water regularly
- Pull small weeds

## SEPTEMBER

- Harvest cool-weather leaves
- Taste after light frost (sweeter!)
- Clean garden bed

## OCTOBER

- Harvest before hard freeze
- Remove old plants
- Compost garden scraps
- I am a SPINACH GROWING STAR!