

My Kale Growing Checklist

St. Paul, MN (55112) • Name: _____ Year: _____

APRIL

- Start seeds indoors or direct sow
- Choose sunny spot
- Water gently

MAY

- Thin small plants
- Keep soil moist
- Add compost if needed

JUNE

- Water weekly
- Pull weeds
- Watch for cabbage worms

JULY

- Harvest outer leaves first
- Leave center growing
- Water during hot days

AUGUST

- Keep harvesting leaves
- Check for bugs
- Keep soil moist

SEPTEMBER

- Harvest before hard frost
- Taste after light frost (sweeter!)
- Clean garden bed

OCTOBER

- Harvest cool-weather leaves
- Remove old plants after frost
- Compost garden scraps
- I am a KALE GROWING STAR!